

# DOWNLOAD KNOWLEDGE OF THE HIGHER WORLDS AND ITS ATTAINMENT

## **Knowledge of the Higher Worlds and Its Attainment**

"Knowledge Of the Higher Worlds And Its Attainment" was originally published in 1938. This inspiring book by Rudolf Steiner offers a wealth of knowledge on the path of esoteric initiation. Included is much information on the higher body, higher planes of existence, and the spiritual encounter with the 'Guardians of the Threshold', as well as basic information on the mystical belief system. This book would be an excellent addition to the bookshelf of anyone with an interest in the subject. Contents Include : How is Knowledge of the Higher World Attained?; The Stages of Initiation; Some Practical Aspects; The Conditions of Esoteric Training; Some Results of Initiation; The Transformation of Dream Life; The Continuity of Consciousness; The Partition of Human Personality During Spiritual Training; The Guardian of the Threshold; The Great or Second Guardian of the Threshold. Many vintage books such as this are increasingly scarce and expensive. It is with this in mind that we are republishing this volume now in an affordable, modern, high-quality edition complete with a specially-commissioned new biography of the author.

## **Knowledge of the Higher Worlds and Its Attainment**

Knowledge of the Higher Worlds and its Attainment: An Esoteric Spiritualism Initiation, written by legendary author Rudolf Steiner is widely considered to be one of the greatest classic and historical texts of all time. This great classic will surely attract a whole new generation of readers. For many, Knowledge of the Higher Worlds and its Attainment: An Esoteric Spiritualism Initiation is required reading for various courses and curriculums. And for others who simply enjoy reading timeless pieces of classic literature, this gem by Rudolf Steiner is highly recommended. Published by Classic Books International and beautifully produced, Knowledge of the Higher Worlds and its Attainment: An Esoteric Spiritualism Initiation would make an ideal gift and it should be a part of everyone's personal library.

## **Knowledge of the Higher Worlds and Its Attainment**

Knowledge of the Higher Worlds and its Attainment is a publication authored by Rudolf Steiner. This title focuses on Steiner's belief of the importance of studying and understanding higher worlds and includes on how to attain knowledge from higher worlds, esoteric training, transforming dream life, consciousness and spiritual training. This is an excellent book for those who are interested in such studies as outlined above and also for those who are interested in the beliefs and new age ideas made popular in the early 20th century by Rudolf Steiner.

## **Knowledge of the Higher Worlds and Its Attainment**

The quintessential guide for the spiritual seeker from the deeply gifted mystic. "In human life joy is usually something one has not deserved through previous actions. When we investigate karma by occult means, we always discover that in most cases joy has not been earned, and we should accept it gratefully as sent to us by the gods, as a gift of the gods, and to say to ourselves: The joy which comes to meet us today ought to kindle in us the will to work in such a way as to take into ourselves the forces streaming to us through this joy, and to apply these usefully. We must look upon joy as a sort of prepayment on account for the future." "Love starts when we push aside our ego and make room for someone else." "If we do not believe within ourselves

this deeply rooted feeling that there is something higher than ourselves, we shall never find the strength to evolve into something higher.\" \"May my soul bloom in love for all existence.\" \"You will not be good teachers if you focus only on what you do and not upon who you are.\" PREFACE TO THE EDITION OF MAY 1918 PREFACE TO THE SIXTH EDITION PREFACE TO THE THIRD EDITION I. HOW IS KNOWLEDGE OF THE HIGHER WORLDS ATTAINED? II. THE STAGES OF INITIATION III. SOME PRACTICAL ASPECTS IV. THE CONDITIONS OF ESOTERIC TRAINING V. SOME RESULTS OF INITIATION VI. THE TRANSFORMATION OF DREAM LIFE VII. THE CONTINUITY OF CONSCIOUSNESS VIII. THE SPLITTING OF THE HUMAN PERSONALITY DURING SPIRITUAL TRAINING IX. THE GUARDIAN OF THE THRESHOLD X. LIFE AND DEATH: THE GREATER GUARDIAN OF THE THRESHOLD APPENDIX

## **Knowledge of the Higher Worlds**

Rudolf Steiner's fundamental handbook for spiritual and personal development has grown more modern as time has passed, although his methods remain clearly distinguishable from the many others now in circulation. For one thing, Steiner's path of spiritual growth is based on the clarity of thought normally associated with scientific research. Rather than denying clear thinking, his aim is to extend it beyond its present limitations. Secondly, Steiner recognizes - as all genuine disciplines always have - that the path to spiritual experience is an arduous and dangerous one, calling for self-control in thought, word and deed. Human beings comprise a unity, and we cannot develop knowledge without a corresponding development in feeling and will. Rudolf Steiner foretold that humanity would begin to experience a longing for forms of experience that transcended intellectual, materialistic thinking. More than one hundred years after the first publication of this book in 1904, there are countless means to achieve such experience, such as eastern meditation, channelling, remote viewing and astral projection. In addition, there has been a huge growth in people reporting extrasensory perceptions of various kinds, such as near-death experiences and meetings with angels. In this context, Steiner's key spiritual workbook - reproduced here in the classic Osmond/Davy translation - is needed more than ever, given its unique, precise instructions for inner training, its protective exercises, and its indications for grounding and centring. Knowledge of the Higher Worlds begins with the conditions required for personal development, and guides us through the stages of initiation, its practical aspects and its effects.

## **Knowledge of the Higher Worlds (and It's Attainment)**

Knowledge of the Higher Worlds and its Attainment constitutes a fundamental guide to the anthropological path of cognition or knowledge. In human consciousness, faculties are sleeping that, if awakened, lead to life-giving wisdom. With great clarity and warmth Rudolf Steiner details the exercises and moral qualities to be cultivated on the path to a conscious experience of super-sensible realities.

## **Knowledge of the Higher Worlds and Its Attainment**

Opening address, Stuttgart, August 20, 1919 14 lectures, Stuttgart, August 21-September 5, 1919 (CW 293) 2 lectures, Berlin, March 15 and 17, 1917 (CW 66) \"Although we can physically see children only after their birth, we need to be aware that birth is also a continuation. We do not want to look only at what the human being experiences after death, that is, at the spiritual continuation of the physical. We want to be aware that physical existence is a continuation of what higher beings have done without our assistance. Our form of educating can have the correct attitude only when we are aware that our work with young people is a continuation of what higher beings have done before birth.\" --Rudolf Steiner This course on education contains some of the most remarkable and significant lectures ever given by Rudolf Steiner. Because these lectures were given to teachers, however, they have suffered the misconception that they are useful only to teachers. Any teacher who wants to teach in a way that encompasses the whole child certainly needs a functional understanding of what Steiner presents here, but these lectures will also greatly benefit parents, psychologists, counselors, or anyone else involved with child development. Steiner gives his most concise

and detailed account of human nature in these lectures, which are absolutely essential for anyone who wants a deeper understanding of Steiner's spiritual science. Those who are willing to work through this work will discover here a new, powerful, convincing, and profoundly phenomenological "anthropology" of human spiritual psychology. In these lectures, Steiner laid out for the first time the principles that form the basis for renewing the art of teaching. The Foundations of Human Experience is probably the most important text for studying and understanding the human developmental and psychological basis of Waldorf educational principles. Translated from the German editions: Allgemeine Menschenkunde als Grundlage der Pädagogik (GA 239); appendix from Geist und Stoff. Leben und Tod (GA 66). An earlier translation was titled Study of Man.

## **Knowledge of the Higher Worlds and Its Attainment**

The Way of Initiation; or, How to Attain Knowledge of the Higher Worlds is a metaphysical work by Rudolf Steiner. We are initiated onto a path where wisdom is indicated to lie outside of the acuity of regular senses, a necessity being the quieting of our constantly busy minds.

## **Knowledge of the Higher Worlds and Its Attainment**

In 1904, in the magazine Lucifer-Gnosis, Rudolf Steiner published some of his earliest articles on self-development, which became his classic How to Know Higher Worlds: A Modern Path of Initiation. Steiner continued his articles as "The Stages of Higher Development." He wrote of his intention in 1914: "A second part [of How to Know Higher Worlds] is to be added to this first part, bringing further explanations of the frame of mind that can lead to the experience of higher worlds." Though Steiner never found time to publish those articles as a book, they are collected in this volume. The Stages of Higher Knowledge records some of Steiner's early esoteric instructions, revealing how he became a pioneer of modern inner development and spiritual activity. He carefully guides the reader from an ordinary, sensory-based "material mode of cognition" through the higher levels of knowing he calls Imagination, Inspiration, and Intuition. This small handbook will help anyone who wishes to take a serious approach to Anthroposophy as a path of knowledge, especially those who have already studied and worked with How to Know Higher Worlds.

## **The Way of Initiation; or, How to Attain Knowledge of the Higher Worlds**

Knowledge of the Higher Worlds and Its Attainment Book by Rudolf Steiner

## **Stage of Higher Knowledge**

Start Now! offers an extensive and representative sample of Steiner's spiritual instructions and meditative practices, including meditation instructions; mantric verses; daily, weekly and monthly practices for the development of soul qualities; karmic exercises and meditations for working with the dead, the angelic hierarchies and our guardian angel.

## **Knowledge of the Higher Worlds and Its Attainment**

Written in 1909 (CW 13) "Esoteric science is the science of what takes place esoterically, in the sense that it is perceived not outside in nature but where one's soul turns when it directs its inner being toward the spirit. Esoteric science is the opposite and counterpart of natural science." --Rudolf Steiner This masterwork of esotericism places humankind at the very heart of the vast, invisible processes of cosmic evolution. When we use the term "natural science," don't we mean that we are dealing with human knowledge of nature? Steiner worked and reworked his Rosicrucian cosmology to make it increasingly precise and accurate. An Outline of Esoteric Science is as vital and relevant now as it was when first published in 1910 and remains the most comprehensive and effective presentation of a spiritual alternative to contemporary, materialistic cosmologies

and a strict Darwinian view of human nature and evolution. In this foundational work of spiritual science, we see how the creation and evolution of humanity is embedded at the heart of the vast, invisible web of interacting cosmic beings, through whom the alchemical processes of cosmic evolution continue to evolve. Included are descriptions of the physical-spiritual makeup of the human being; the relationships of the different "bodies" of the human being to sleep and death; and a detailed, practical guide to methods and exercises, including the "Rose Cross Meditation," through which we can attain knowledge of the spiritual worlds. The most remarkable and revolutionary aspect of this work is the central function that Steiner attributes to the Christ and his involvement in human and earthly evolution through the Mystery of Golgotha. Contents: Introduction by Clopper Almon Preface by Rudolf Steiner The Character of Esoteric Science The Makeup of the Human Being Sleep and Death Cosmic Evolution and the Human Being Knowledge of Higher Worlds--Initiation Cosmic and Human Evolution--Now and in the Future Details from the Field of Spiritual Science Appendix: Rudolf Steiner's Early Introductions Further Reading This is essential reading for all serious students of esoteric spirituality. Previous translations: An Outline of Occult Science and Occult Science: An Outline. An Outline of Esoteric Science is a translation of Die Geheimwissenschaft im Umriss (GA 13).

## **Knowledge of the Higher Worlds**

If you've ever yearned to access the higher worlds within you, Steiner's illuminating map can help you cross the threshold at a time when humanity needs it most.

## **Knowledge of the Higher Worlds**

Four of Rudolf Steiner's best-loved lectures are collected in this book. They are some of the most accessible presentations of the anthroposophic approach to life available in English. Included are: Practical Training in Thought Overcoming Nervousness Facing Karma The Four Temperaments The first lecture concerns the fundamental human activity of thinking. Everything we do, we do through thinking. The first task, then, is to realize the reality of thinking. To help us do this, Steiner gives exercises that will allow us to experience the cognitive, even clairvoyant, power of thinking. In "Overcoming Nervousness," Steiner shows us how exercises in thinking also give us the calm centered sense needed to lead purposeful, healthy lives. "Facing Karma" takes us to the heart of life, where we experience suffering and happiness. The law of karma that determines life's experiences and encounters also helps us develop the self-knowledge required for self-transformation. Finally, "The Four Temperaments" show us how the union of hereditary factors and our own inner spiritual nature shape our psychology. The guide here is the ancient classifications of sanguine, choleric, phlegmatic, and melancholic. Renewed understanding of these allows us to develop a truly modern spiritual psychology, which is the basis of all real inner development. With its many practical exercises, mantras, and meditations, this book is a fundamental introduction for anyone beginning or needing encouragement along the path of inner development.

## **Start Now!**

Speaking at a time of intense war in Europe, Rudolf Steiner reveals the spiritual roots of the crises of our times and the means by which we can overcome them. Since 1879, Steiner tells us that "backward" angels, or "spirits of darkness"--who were forced out of the heavens and made their abode on Earth following their defeat in a forty-year battle with the Archangel Michael--have influenced human minds. It is now possible for human beings to awaken more consciously to the truth of these profound changes and thus inwardly counter the fallen spirits' influences. We can come to the realization that definite spiritual causes lie behind earthly events in our rapidly changing times. In these fourteen lectures, given at the end of 1917 following four years of war in Europe, Steiner speaks on the complex spiritual forces behind the World War I, humanity's attempts to build theoretically perfect social orders, and the many divisions and disruptions that would continue on Earth into our own time. Humanity in general was asleep to the fact that fallen spirits, cast from the spiritual worlds, had become intensely active on Earth. This manifested mainly in human thinking

and perception of the surrounding world. However, the defeat and fall of these spirits also ensured that a science of the spirit would always be available to humanity.

## **An Outline of Esoteric Science**

This is the classic account of the modern Western esoteric path of initiation made public by Steiner in 1904. He begins with the premise that "the capacities by which we can gain insights into the higher worlds lie dormant within each one of us." Steiner carefully and precisely leads the reader from the cultivation of the fundamental soul attitudes of reverence and inner tranquility to the development of inner life through the stages of preparation, illumination, and initiation. Steiner provides practical exercises of inner and outer observation and moral development. By patiently and persistently following his guidelines, new "organs" of soul and spirit begin to form, which reveal the contours of the higher worlds thus far concealed from us. Steiner in this important work becomes a teacher, a counselor, and a friend whose advice is practical, clear, and effective. The challenges we face in life require increasingly deeper levels of understanding, and Steiner's text helps readers to cultivate the capacities for such insights and places them at the service of humanity. This is Steiner's most essential guide to the modern path of initiation he advocated throughout his life. It has been translated into many languages and has inspired hundreds of thousands of readers around the world. How to Know Higher Worlds has been admired by some of the most brilliant minds of our time.

Contents: Foreword by Arthur Zajonc Prefaces by Rudolf Steiner How to Know Higher Worlds The Stages of Initiation Initiation Practical Considerations Requirements for Esoteric Training Some Effects of Initiation Changes in the Dream Life of the Esoteric Student Achieving Continuity of Consciousness The Splitting of the Personality in Esoteric Training The Guardian of the Threshold Life and Death: The Great Guardian of the Threshold Epilogue (1918) Afterword by Arthur Zajonc Index

"A true classic of spiritual literature. It is one of the best ways I know for opening up one's life to the spiritual realms in a manner that is balanced, integrated, and loving. It is the product of a great soul who pointed out new routes into the interior." --David Spangler, author of Blessing: The Art and the Practice

"It is not only a personal guide to the spirit, but also a path through self-knowledge to compassionate action in the world." --Arthur Zajonc, author of Catching the Light: The Entwined History of Light and Mind

## **Knowledge of the Higher Worlds and Its Attainment**

"It is the endeavour of this treatise to convey spiritual-scientific knowledge concerning the being of man. The method of representation is arranged in such a way that the reader may grow into what is depicted, so that, in the course of reading, it becomes for him a kind of self conference. If this soliloquy takes on such a form that thereby hitherto concealed forces, which can be awakened in every soul, reveal themselves, then the reading leads to a real inner work of the soul; and the latter can see itself gradually urged on to that soul journeying, which truly advances towards the beholding of the spiritual world. What has to be imparted, therefore, has been given in the form of eight Meditations, which can be actually practised. If this is done, they can be adapted for imparting to the soul, through its own inner deepening, that about which they speak. It has been my aim on the one hand, to give something to those readers who have already made themselves conversant with the literature dealing with the domain of the supersensible, as it is here understood...."

## **Knowledge of the Higher World and Its Attainment**

This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important

enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

## **Anthroposophy in Everyday Life**

Selected from material given by Rudolf Steiner to members of his Esoteric School (1904-14), this volume features exercises, meditations and practices for spiritual self-development. In contrast to oriental methods of spiritual training, they derive from the western, Rosicrucian stream and are fully adapted to modern consciousness. Various exercises are given - for morning and evening, for the days of the week and the months of the year. In addition, there is much explanatory material to deepen and enhance meditative work, including several articles on the path of inner development and the obstacles to be faced on the way to attaining true consciousness of the self. This enlarged edition contains further clarification of the exercises, descriptions of the future evolution of the world and humanity, plus later advice given by Steiner on the nature of breathing exercises and ancient and modern methods of initiation.

## **The Fall of the Spirits of Darkness**

Our instinctive knowledge of which foods are helpful and which are harmful appears increasingly to be fading. We are bombarded with advice, information and prescriptions as to what we should eat and drink, but the issues surrounding nutrition - questions of health, diet, taste, even ecology and sustainability - remain largely unresolved. Unlike most commentators on this subject, Rudolf Steiner tackles the theme of nutrition in a refreshingly open way. At no point does he try to tell us what we should or should not be putting into our bodies - whether with regard to an omnivorous or vegetarian diet, smoking, drinking alcohol, and so on. The job of the scientist, he says, is to explain how things act and what effect they have; what people do with that information is up to them. However, he emphasizes that our diet not only determines our physical wellbeing, but can also promote or hinder our inner spiritual development. In this carefully collated anthology, with an introduction, commentary and notes by Christian von Arnim, Rudolf Steiner considers nutrition in the light of his spiritual-scientific research. He explains the impact of raw food, vegetarian and meat diets, the effects of protein, fats, carbohydrates and salts, individual foodstuffs such as potatoes, beetroots and radishes, as well as the impact of alcohol and nicotine. His insights are vital to anybody with a serious interest in health, diet and spiritual development.

## **How to Know Higher Worlds**

In this seminal work, Steiner lays out practical means of attaining metaphysical knowledge and mystical experience. "There slumber in every human being faculties by means of which he can acquire for himself a knowledge of higher worlds. Mystics, Gnostics, Theosophists — all speak of a world of soul and spirit which for them is just as real as the world we see with our physical eyes and touch with our physical hands. At every moment the listener may say to himself: that, of which they speak, I too can learn, if I develop within myself certain powers which today still slumber within me. There remains only one question — how to set to work to develop such faculties."

## **A Road to Self Knowledge**

This work tells the history and civilization of the submerged continents of Atlantis and Lemuria, which are chapters from the Akashic records. Contents: from the Akashic records; our Atlantean forefathers; transition of the Atlantean into the Aryan root-race; Lemurian era; woman in the third root-race; humanity before the decision of sex; beginnings of sex duality, the origin of good and evil; man's first ancestors; first, or polar, race; second, or hyperborean, race.

## **Knowledge of the Higher Worlds and Its Attainment - Scholar's Choice Edition**

"I hope that reading this book can become a kind of inner conversation. If this conversation unfolds in such a way that it reveals the hidden inner forces that can be awakened in every soul, then reading this book may lead to genuine, inner soul work. As a result you may find yourself gradually impelled to undertake the journey of the soul that truly leads to vision of the spiritual world." --Rudolf Steiner Part one, "A Way of Self-Knowledge": Eight meditations that take the reader on a journey through human experience. Beginning with ordinary experience, Steiner offers ways to imagine and understand the physical body, the elemental (or etheric) body, the elemental world, the Guardian of the Threshold, the astral body, the I-body (or thought body), the nature of experience in suprasensory worlds, and ways of perceiving previous earthly lives. Part two, "The Threshold of the Spiritual World": Sixteen short chapters in which Steiner provides aphoristic thoughts on trusting one's thinking, cognition of the spiritual world, karma and reincarnation, the astral body and luciferic beings, how to recognize suprasensory consciousness, the true nature of love, and more. These two complete books together represent Steiner's most personal statements about his own spiritual path. He speaks directly from experiences of cognitive research and explorations. Each of the meditations and aphorisms arises from his spiritual research and demonstrates how such spiritual research is to be undertaken. The "content" is Steiner's own, but readers can discover their own "content." Steiner's method of awareness--his path of attention to one's own experience--is universal and truly human. A Way of Self-Knowledge is a true sequel and complement to the classic of inner development, How to Know Higher Worlds. It lays out in a way that is accessible to anyone the road to self-knowledge and to the world of spirit. This Collected Works edition contains a new introduction, a chronology of Rudolf Steiner's life, and an index. Front cover image: Meditation by Jennifer Thomson ([www.phoenixartsgroup.org](http://www.phoenixartsgroup.org)) A Way of Self-Knowledge: And the Threshold of the Spiritual World is a translation of «Ein Weg zur Selbsterkenntnis des Menschen: In acht Meditationen» (GA 16) and «Die Schwelle der geistigen Welt: Aphoristische Ausführungen» (GA 17).

## **Guidance in Esoteric Training**

Mental and emotional disorders have reached epidemic levels in Western societies. Self-doubt, panic-attacks, anxiety disorders and personal fears of all kinds present major challenges to contemporary medical science. Rudolf Steiner's spiritual research offers a startlingly original and complementary contribution to the problem. True insight into psychological issues requires knowledge of the influences of spiritual beings, he suggests. In everyday life we are all confronted with metaphysical entities that can hinder or progress our development. Many forms of anxiety and self-doubt derive from such meetings on the border – or threshold – of our consciousness. Further, these 'threshold experiences' are exacerbated today by a general loosening of the subtle bodies and components of the human soul. As these constitutional changes persist, says Rudolf Steiner, a condition of 'dissociation' becomes increasingly common. A healthy emotional life will only be possible if individuals engage in a conscious practice of personal growth, strengthening their constitution through the action of the 'I' or self. The expertly selected and collated texts in Self-Doubt offer numerous cognitive and practical ideas for the improvement of everyday mental and emotional health. Chapters include: The origin of error, fear, and nervousness; Crossing the threshold in the development of humanity and the individual; The polarity of shame and fear; The polarity of doubt and terrifying disorientation; The polarity of scepticism and claustrophobia, astrophobia, and agoraphobia; The origin of panic; Anxiety; The multi-layered nature of terrifying disorientation; Healing aspects of the anthroposophical path of training; The spiritual-scientific qualities of fear compared with standardized diagnostic terms and as a basis for therapy.

## **Nutrition**

The Third Mystery Drama brings the First and Second to a conclusion in certain respects, and the original viewers saw them as a trilogy. The first steps into an actual seeing of one's Karma were presented in the Second Drama, and now the integration of what was seen has to be brought about. For indeed, seeing into the spiritual world is not like seeing a landscape where it is clearly before one's eyes; rather it is more like seeing

into a microscope or space telescope, totally new things appear which one does not know how to categorize or in the case of the spiritual world, to find a relation to. Not only outer visible aspects have to be integrated though, also new feelings, but especially new moral attitudes have to be integrated. Through conscientious hard work, Johannes has created a new book about spiritual knowledge, but just because of this, his own spiritual knowledge has grown and he can now encounter another side of himself not recognized previously. This knowledge now warns him what he is about to do is incorrect, so he turns away from the success he might have had giving out the book. Just this then lets him see what he really lacks in terms of spiritual insight and where this does actually lie for him. So he seeks Theodora's light. That seeking in turn, with Maria's help, brings him to the discovery of his own light. Strader experiences the powerful illuminating nature of Theodora's light directly, and it changes his whole life. But then through the loss of that light, after something new has been established within him, it causes him to seek help from Johannes, following Benedictus's guidance. This in turn brings him into a direct experience of the strongest side of his own inner nature and what he has actually developed in his previous lives. Such an insight gives him his own inner self-confidence in what he has to contribute to the others, to mankind. The Karmic knot that binds these individuals together can be brought to a higher stage of development, a stage where these individuals are prepared to help each other help themselves, and where a social work may be undertaken which will also be in harmony with the spiritual forces in the world.

## **How to Know Higher Worlds**

\["Translated by Frederick Amrine and Konrad Oberhuber from shorthand reports unrevised by the lecturer, from the 4th edition (1969) of the German text published under the title Grenzen der Naturerkenntnis (Vol. 322 in the Bibliographic survey)\"]--Copyright page.

## **Atlantis and Lemuria**

While we know of Ahriman from Persian mythology, Rudolf Steiner spoke of him as an actual, living spiritual entity. This being, he said, works to embed people firmly into physicality, encouraging dull, materialistic attitudes and a philistine, dry intellect. In these extraordinary lectures Steiner, in rare prophetic mode, talks about an actual incarnation of Ahriman on the earth and the potential consequences. Just as Christ incarnated in a physical body, so would Ahriman incarnate in the Western world - before 'a part' of the third millennium had passed. Steiner places this incarnation in the context of a 'cosmic triad' - Lucifer, Christ and Ahriman. Ahriman will incarnate as a counterpoint to the physical incarnation of Lucifer in the East in the third millennium BC, with the incarnation of Jesus Christ in Palestine as the balancing point between the two. Over the period during which Steiner developed anthroposophy - a speaking career that spanned two decades and more than six thousand lectures - he referred to the idea of Ahriman's incarnation only six times. These six lectures, together with an additional supporting excerpt, are reproduced in their entirety, and under one cover, for the first time.

## **A Way of Self-Knowledge**

In these lectures, Steiner focuses on the vital task of developing the proper orientation toward a free spiritual life. With great compassion and understanding, he offers telling examples of how humanity must walk a conscious middle way between the two tempting powers of Lucifer and Ahriman. He describes the incarnation of Lucifer in the third millennium before the Christ event, out of which flowed not just the wisdom of paganism, but also the conscious intellect we enjoy today. Ahriman, on the other hand, is shown approaching human beings through such phenomena as materialism, nationalism, and literalism, all in preparation for his incarnation in the third millennium. Keep in mind, however, that these two powers do not work separately; rather, they are working increasingly together. Our task as human beings is to hold them in balance, continually permeating one with the other. Steiner tells us that \["Lucifer and Ahriman must be regarded as two scales of a balance, and it is we who must hold the beam in equipoise. How can we train ourselves to do this? By permeating what takes ahrimanic form within us with a strongly luciferic element.\"]



To accomplish this task we need a new, more conscious inner life.

## **Self-Doubt**

This seminal work asserts that free spiritual activity--understood as the human ability to think and act independently of one's physical nature--is the most appropriate path today for inner development and true self-knowledge. This is not simply a volume of philosophy, but also a friendly guide to practice and the experience of living thinking. Rudolf Steiner provides a step-by-step account of how we can come to experience living, intuitive thinking, the conscious experience of pure spirit. Since this book was written more than a century ago, many have tried to discover the kind of new thinking that can help us better understand the spiritual, ecological, social, political, and philosophical issues that face us. Steiner showed a path that leads from ordinary thinking to the level of pure spiritual activity--true inner freedom.

## **The Guardian of the Threshold**

Of all of his works, *Intuitive Thinking as a Spiritual Path* is the one that Steiner himself believed would have the longest life and the greatest spiritual and cultural consequences. It was written as a phenomenological account of the "results of observing the human soul according to the methods of natural science. This seminal work asserts that free spiritual activity--understood as the human ability to think and act independently of physical nature--is the suitable path for human beings today to gain true knowledge of themselves and of the universe. This is not merely a philosophical volume, but rather a warm, heart-oriented guide to the practice and experience of living thinking. Readers will not find abstract philosophy here, but a step-by-step account of how a person may come to experience living, intuitive thinking--"the conscious experience of a purely spiritual content." During the past hundred years since it was written, many have tried to discover this "new thinking" that could help us understand the various spiritual, ecological, social, political, and philosophical issues facing us. But only Rudolf Steiner laid out a path that leads from ordinary thinking to the level of pure spiritual activity--intuitive thinking--in which we become co-creators and co-redeemers of the world. "When, with the help of Steiner's book, we recognize that thinking is an essentially spiritual activity, we discover that it can school us. In that sense--Steiner's sense--thinking is a spiritual path" (Gertrude Reif Hughes). Contents: Translator's Introduction Introduction by Gertrude Reif Hughes Preface to the Revised Edition, 1918 Part 1: Theory: The Knowledge of Freedom Conscious Human Action The Fundamental Urge for Knowledge Thinking in the Service of Understanding the World The World as Percept Knowing the World Human Individuality Are There Limits to Cognition? Part 2: Practice: The Reality of Freedom The Factors of Life The Idea of Freedom Freedom--Philosophy and Monism World Purpose and Life Purpose (Human Destiny) Moral Imagination (Darwinism and Ethics) The Value of Life (Pessimism and Optimism) Individuality and Genus Final Questions: The Consequences of Monism Appendixes Bibliography Index This volume is arguably the most essential of Steiner's works. The thoughts in this book establish the foundation for all of Anthroposophy. Other translations: *The Philosophy of Freedom and The Philosophy of Spiritual Activity*. German edition: *Die Philosophie der Freiheit*

## **Boundaries of Natural Science**

This scarce antiquarian book is a facsimile reprint of the original. Due to its age, it may contain imperfections such as marks, notations, marginalia and flawed pages. Because we believe this work is culturally important, we have made it available as part of our commitment for protecting, preserving, and promoting the world's literature in affordable, high quality, modern editions that are true to the original work.

## **An Outline of Occult Science**

*Knowledge Of The Higher Worlds And Its Attainment: (Wie Erlangt Man Erkenntnisseder Höheren Welten?)* Translated By George Metaxa Revisions By Henry B. Monges And Lisa D. Monges This book is a result of an effort made by us towards making a contribution to the preservation and repair of original classic

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